announces

The 11th Annual
Optimal Management
of the Adult Medicine Patient

Thursday through Saturday
September 27 – 29, 2007

Houston Marriott Medical Center Hotel
6580 Fannin Street
Houston, Texas 77030

Presented by
Baylor College of Medicine
Department of Medicine
and
Ben Taub General Hospital
Medicine Service
Houston, Texas
Primary care practitioners require regular updating on a broad range of patient problems encountered in both the clinic and hospital settings. Topics of this annual conference have been selected on the basis of previous participant evaluations, as well as a review of current medical literature, clinical practice guidelines, and public health priorities.

Objectives
At the conclusion of this activity, the participant should be able to describe and discuss:

• Appropriate treatment for common infections (e.g., skin, diabetic foot, and ENT) based on the latest clinical practice guidelines and consensus statements
• Recommended immunizations for adult patients based on medical, occupational, behavioral, and other indications
• Current recommendations for the diagnosis and management of patients with acute coronary syndrome and chronic heart failure
• Recent updates in endocrinology, gastroenterology, geriatric medicine, rheumatology, and women’s health

Target Audience
Internists, Family Physicians, General Practitioners, Primary Care Physicians, Physician Assistants, Residents and Fellows

Educational Methods
Lectures • Question and Answer Sessions • Case Presentations • Workshop Sessions • Syllabus

Evaluation
Evaluation by questionnaire will address program content, presentation, and possible bias.

Accreditation/Credit Designation
Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Baylor College of Medicine designates this educational activity for a maximum of 24.25 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The presentation HIPAA has been designated by BCM for 0.75 hours of education in medical ethics and/or professional responsibility.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.
### Thursday, September 27, 2007

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 AM</td>
<td>Registration/Continental Breakfast</td>
</tr>
<tr>
<td>8:00</td>
<td>Welcome and Opening Remarks</td>
</tr>
<tr>
<td></td>
<td>Ann S. Barnes, MD, and E. Lee Poythress, MD</td>
</tr>
<tr>
<td>8:05</td>
<td><strong>Mini-Symposium on Infectious Disease</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Adult Immunizations</strong></td>
</tr>
<tr>
<td></td>
<td>Stephen B. Greenberg, MD</td>
</tr>
<tr>
<td>8:55</td>
<td><strong>Infections of the Ear, Nose, and Throat</strong></td>
</tr>
<tr>
<td></td>
<td>Robert L. Atmar, MD</td>
</tr>
<tr>
<td>9:45</td>
<td>Break</td>
</tr>
<tr>
<td>9:55</td>
<td><strong>Understanding the Metabolic Syndrome</strong></td>
</tr>
<tr>
<td></td>
<td>Nadia Ismail, MD</td>
</tr>
<tr>
<td>10:45</td>
<td><strong>Prostate Cancer</strong></td>
</tr>
<tr>
<td></td>
<td>Brian J. Miles, MD</td>
</tr>
<tr>
<td>11:35</td>
<td>Break</td>
</tr>
<tr>
<td>11:45</td>
<td><strong>Concurrent Workshops</strong> (<em>choose one)</em>*</td>
</tr>
<tr>
<td>12:55 PM</td>
<td>Lunch</td>
</tr>
<tr>
<td>1:35</td>
<td><strong>Concurrent Workshops</strong> (<em>choose one)</em>*</td>
</tr>
<tr>
<td>2:45</td>
<td><strong>Diagnosis and Management of Cerebrovascular Events</strong></td>
</tr>
<tr>
<td></td>
<td>Joseph S. Kass, MD</td>
</tr>
<tr>
<td>3:35</td>
<td>Break</td>
</tr>
<tr>
<td>3:45</td>
<td><strong>Skin and Soft Tissue Infections</strong></td>
</tr>
<tr>
<td></td>
<td>Samuel A. Shelburne, MD</td>
</tr>
<tr>
<td>4:35</td>
<td><strong>Genetics in the Adult Patient</strong></td>
</tr>
<tr>
<td></td>
<td>Hagith Yonath, MD</td>
</tr>
<tr>
<td>5:30</td>
<td>Adjourn</td>
</tr>
</tbody>
</table>

### Thursday Workshops

1. **Diabetic Foot: The Sweet Foot and How Things Can Sour**
   - Jeffrey A. Ross, MD
2. **Obstructive Lung Disease: An OLD Problem with New Developments**
   - Philip M. Alapat, MD
3. **Common Ear, Nose, and Throat Diseases**
   - Mas Takashima, MD
4. **Adult Sexual Dysfunction**
   - Lee Lu, MD
5. **The Skinny on Outpatient Weight Management**
   - Ann S. Barnes, MD
6. **Wound Care 101**
   - Judith Clarke, PT, MS, CWS

### Friday, September 28, 2007

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 AM</td>
<td>Continental Breakfast</td>
</tr>
<tr>
<td>8:00</td>
<td><strong>Mini-Symposium on Cardiotoracic Disease</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Acute Coronary Syndromes</strong></td>
</tr>
<tr>
<td></td>
<td>Nasser M. Lakkis, MD</td>
</tr>
<tr>
<td>8:50</td>
<td><strong>Congestive Heart Failure</strong></td>
</tr>
<tr>
<td></td>
<td>Allison M. Pritchett, MD</td>
</tr>
<tr>
<td>9:40</td>
<td>Break</td>
</tr>
<tr>
<td>9:50</td>
<td><strong>Peripheral Vascular Disease</strong></td>
</tr>
<tr>
<td></td>
<td>Vijay Nambi, MD</td>
</tr>
<tr>
<td>10:40</td>
<td><strong>Peri-Operative Medicine</strong></td>
</tr>
<tr>
<td></td>
<td>Sameer Parikh, MD and Adam M. Mitchell, MD</td>
</tr>
<tr>
<td>11:30</td>
<td>Break</td>
</tr>
<tr>
<td>11:40</td>
<td><strong>Concurrent Workshops</strong> (<em>choose one)</em>*</td>
</tr>
<tr>
<td>12:50 PM</td>
<td>Lunch</td>
</tr>
<tr>
<td>1:30</td>
<td><strong>Concurrent Workshops</strong> (<em>choose one)</em>*</td>
</tr>
<tr>
<td>Time</td>
<td>Event</td>
</tr>
<tr>
<td>-------</td>
<td>----------------------------------------------------------------------</td>
</tr>
<tr>
<td>2:40</td>
<td>Sports Medicine: Diagnosis and Management of Common Injuries</td>
</tr>
<tr>
<td></td>
<td>Joseph N. Chorley, MD</td>
</tr>
<tr>
<td>3:30</td>
<td>Break</td>
</tr>
<tr>
<td>3:40</td>
<td>Chronic Kidney Disease for the Primary Care Physician</td>
</tr>
<tr>
<td></td>
<td>David Sheikh-Hamad, MD</td>
</tr>
<tr>
<td>4:30</td>
<td>What’s Eating You? The Bugs and Drugs of Peptic Ulcer Disease</td>
</tr>
<tr>
<td></td>
<td>Selvi Thirumurthi, MD</td>
</tr>
<tr>
<td>5:20</td>
<td>Adjourn</td>
</tr>
<tr>
<td>11:30</td>
<td>Break</td>
</tr>
<tr>
<td>11:40</td>
<td>CONCURRENT WORKSHOPS</td>
</tr>
<tr>
<td></td>
<td>(*choose one)</td>
</tr>
<tr>
<td>12:50</td>
<td>Lunch</td>
</tr>
<tr>
<td>1:30</td>
<td>CONCURRENT WORKSHOPS</td>
</tr>
<tr>
<td></td>
<td>(*choose one)</td>
</tr>
<tr>
<td>2:40</td>
<td>Update in Gastroenterology</td>
</tr>
<tr>
<td></td>
<td>Fred M. Sutton, Jr, MD</td>
</tr>
<tr>
<td>3:30</td>
<td>Break</td>
</tr>
<tr>
<td>3:40</td>
<td>Update in Geriatric Medicine</td>
</tr>
<tr>
<td></td>
<td>Holly M. Holmes, MD</td>
</tr>
<tr>
<td>4:30</td>
<td>Adjourn</td>
</tr>
</tbody>
</table>

**Friday Workshops**

1. Management of Hypertension  
   David J. Hyman, MD
2. Work Up of Angina: A Calm Approach to Stress Testing  
   Arumina Misra, MD
3. Approach to the Irregular Heart Beat: Is it Always Atrial Fibrillation?  
   Hisham Dokainish, MD
4. Management of Diabetes  
   Jose M. Garcia, MD
5. Management of Hyperlipidemia  
   David Aguilar, MD
6. Is it Depression or Bipolar Disease?  
   Asim A. Shah, MD

**Saturday Workshop**

1. The Ups and Downs of Adolescent Health  
   Heather E. Needham, MD
2. Management of Chronic Gastroenterologic Diseases  
   Harold T. Shelby, MD
3. Geriatric Syndromes: Screening and Treatment  
   E. Lee Poythress, MD
4. Dermatology: Diagnoses You’re Itching to Make  
   Shelley Sekula-Gibbs, MD
5. Management of Headaches  
   Brian D. Loftus, MD
6. Ordering and Interpreting Rheumatologic Tests  
   Namieta M. Janssen, MD

**NOTICES**

In order to meet the requirements of the Accreditation Council for Continuing Medical Education, it is the policy of Baylor College of Medicine that all individuals who are in a position to control the content of a CME activity (activity director, planning committee members, and faculty) disclose relevant financial relationships with commercial interests. All identified conflicts of interest are managed to help ensure that the educational material is scientifically based, accurate, current, and objectively presented. Specific disclosure will be made to the participants prior to the educational activity.

Faculty, topics, program schedule, and credits are subject to change.

Audio or videotaping is prohibited without written permission from the Activity Director and the Office of Continuing Medical Education, Baylor College of Medicine, Houston, Texas.
David Aguilar, MD
Assistant Professor
Department of Medicine - Section of Cardiology

Philip M. Alapat, MD, DABSM
Assistant Professor
Department of Medicine - Pulmonary
Ben Taub General Hospital

Robert L. Atmar, MD
Professor
Department of Medicine - Infectious Diseases

Ann S. Barnes, MD
Assistant Professor
Department of Medicine - General Medicine
Ben Taub General Hospital

Joseph N. Chorley, MD
Assistant Professor
Department of Pediatrics
Adolescent and Sports Medicine

Judith Clarke, PT, MS, CWS, FACCW
Physical Therapist
Rehabilitation Services
Ben Taub General Hospital

Hisham Dokainish, MD, FACC
Assistant Professor
Department of Medicine - Cardiology
Director of Echocardiography
Ben Taub General Hospital

Joselyn W. Fisher, MD, MPH
Assistant Professor
Department of Medicine – General Medicine
Ben Taub General Hospital

Nader Lakkis MD, FACC, FSCAI
Assistant Professor
Department of Medicine – General Medicine
Ben Taub General Hospital

Nasir J. Ismail, MD, MPH
Assistant Professor
Department of Medicine – General Medicine
Ben Taub General Hospital

Vijay Nambi, MD
Assistant Professor
Department of Medicine - Atherosclerosis and Vascular Medicine
Center for Cardiovascular Prevention
Methodist DeBakey Heart Center
Ben Taub Hospital

Heather E. Needham, MD, MPH
Assistant Professor
Department of Pediatrics
Ben Taub General Hospital

Bernard S. Ng, MBBS, MRCP, FACC
Assistant Professor
Department of Medicine - Immunology, Allergy, and Rheumatology
Section of Immunology, Allergy and Rheumatology
Michael E. DeBakey VA Medical Center

Sameer Parikh, MD
Assistant Professor
Department of Medicine - General Medicine
Ben Taub General Hospital

E. Lee Poythress, MD
Assistant Professor
Department of Medicine - Cardiology
Ben Taub General Hospital

Jeffrey A. Ross, DPM, MD, FACFAS
Associate Clinical Professor
Department of Medicine - Endocrinology

Shelley A. Sekula Gibbs, MD
Clinical Assistant Professor
Department of Dermatology

Asim A. Shah, MD
Assistant Professor
Psychiatry and Behavioral Sciences
Medical Director, Intensive Outpatient Program
Neuropsychiatric Center
Ben Taub General Hospital

David Sheikh-Hamad, MD, FAHA, FASN
Associate Professor
Department of Medicine - Nephrology
Chief, Renal Services
Ben Taub General Hospital

Samuel A. Shelburne, MD
Assistant Professor
Department of Medicine - Infectious Diseases
Refer to the registration form for the fee schedule. Your registration will not be processed until payment is received. Your registration will be confirmed. If you have not received confirmation at least 5 business days before the activity start date, contact the Office of Continuing Medical Education (OCME) immediately at 713.798.8237.

If you plan to register on-site, contact OCME at least 24 hours in advance to confirm activity status and space availability. The OCME reserves the right to limit the number of participants in an activity and will not be responsible for any expenses incurred by an individual whose registration is not confirmed and for whom space is not available.

Continental breakfasts, luncheons, breaks, and course syllabus are included in the registration fee.

To register/pay online, visit the activity website at www.BaylorCME.org/1375 and follow the instructions.

Requests for registration refunds must be in writing and received by the Office of Continuing Medical Education (OCME) at least 10 business days before the activity begins. The date the request is received by the OCME will be considered the cancellation date. Requests received after the refund deadline will not be processed. Cancellations are subject to a $50 administrative fee deducted from the registration fee paid to cover guarantees and other expenses. Requests should be mailed to the OCME or faxed to 713.798.7955.

Note: If payment was made by check, a social security number is required to process refund.

The OCME reserves the right to cancel activities, not less than 10 business days before the scheduled date, if extenuating circumstances make it necessary. Registrants will be notified at the contact number indicated on the registration form followed by written notification. If an activity is cancelled, OCME’s liability is limited to the registration fee paid.

The Houston Marriott Medical Center Hotel
6580 Fannin Street
Houston, Texas 77030
Phone: 713.796.0080   Fax: 713.770.8100

The group rate for this event is $174.00, single or double occupancy. The cut-off date is 9/14/07. A limited number of rooms have been blocked.

Parking
On-site garage parking: $4 hourly, $9 daily
Valet parking: $19.95 daily

FOR FURTHER INFORMATION CONTACT
Baylor College of Medicine
Office of Continuing Medical Education
One Baylor Plaza, MS: BCM 155
Houston, TX 77030
Phone: 713.798.8237
Fax: 713.798.7955
Email: cme@bcm.tmc.edu

Visit our website located at www.BaylorCME.org for information about Baylor College of Medicine CME activities.
REGISTRATION FORM

The 11th Annual Optimal Management of the Adult Medicine Patient
September 27 – 29, 2007 • Thursday through Saturday
Houston Marriott Medical Center Hotel, 6580 Fannin Street, Houston, Texas 77030

Please print.

Name ___________________________ Degree ___________________________

Affiliation ___________________________

Address ___________________________

City ___________________________ State ___________________________ Zip Code ___________________________

Office ___________________________ Phone ___________________________ Fax ___________________________

BCM Alum □

Email ___________________________ (for activity-related follow-up, e.g., outcomes assessment)

Specialty ___________________________ Professional License No./State ___________________________ (required)

REGISTRATION FEE (please indicate category)

<table>
<thead>
<tr>
<th>Category</th>
<th>On or Before 9/7/07</th>
<th>After 9/7/07</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physician</td>
<td>$480</td>
<td>$530</td>
</tr>
<tr>
<td>Physician Assistant</td>
<td>$330</td>
<td>$380</td>
</tr>
<tr>
<td>Baylor Alumni</td>
<td>$330</td>
<td>$380</td>
</tr>
<tr>
<td>Nurse</td>
<td>$250</td>
<td>$300</td>
</tr>
<tr>
<td>Non-Baylor Resident or Fellow*</td>
<td>$250</td>
<td>$300</td>
</tr>
<tr>
<td>Baylor Full-Time Faculty*</td>
<td>$175</td>
<td>$175</td>
</tr>
<tr>
<td>Baylor Resident or Fellow*</td>
<td>No Fee</td>
<td>No Fee</td>
</tr>
</tbody>
</table>

*verification required—fax within 24 hours of registration to 713.798.7955.

PAYMENT METHOD (specify)

☐ CHECK (in U.S. Funds) made payable to Baylor College of Medicine
☐ CREDIT CARD ☐ VISA® ☐ MasterCard® ☐ DISCOVER®

Credit Card Number ___________________________ Expiration (M/Y) ___________________________

Name on Card (please print)

Authorized Signature ___________________________

Special Dietary Needs (specify)

Contact OCME if you have any ADA accommodation needs.

Your registration must be prepaid.

Register online at www.BaylorCME.org/1375
The 11th Annual Optimal Management

of the Adult Medicine Patient

September 27 – 29, 2007
Thursday through Saturday

Houston Marriott Medical Center Hotel
6580 Fannin Street, Houston, Texas 77030

Register online at www.BaylorCME.org/1375

Astros Baseball!! Watch the Astros play the Atlanta Braves at Minute Maid Park while you’re in town.
Web site for ticket discounts and information:
www.astros.com/optimalpatient Password: optimal